



MENU



| NORTH RYDE

PLEASE ORDER AT THE COUNTER

BRUNCH

TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ)	7
Soy Linseed (1419kJ)	7
Gluten Free (856kJ)	7

Served with strawberry jam (150kJ) / peanut butter (273kJ) / Vegemite (35kJ) **Add extra condiment +0.5**

EGGS AS YOU LIKE ^VGF^{OR} 13

Served on sourdough toast (see extras)
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

BREKKIE BURGER 16

Bacon, fried egg, hash brown, lettuce, homemade tomato relish, tomato and aioli on a soft milk bun (2790kJ)
Swap bacon to grilled halloumi cheese upon request (2740kJ)
Add cheese (+276kJ) +1 / avocado (+994kJ) +2

ULTIMATE BREAKFAST BURRITO 18

Salami, grilled chorizo, lettuce, egg salad, red onion, homemade spicy mayo, pickle, avocado, melted cheddar cheese, spinach tortilla (3500kJ)

CRUSHED AVOCADO ON TOAST ^V 20

Slow roasted cherry tomato, parsley, whipped Persian fetta, homemade chilli oil, pickled eschalots, poached eggs, toasted sourdough (2330kJ)

TURKISH EGGS 21

Grilled chorizo, slow roasted cherry tomato, poached eggs, lemon & dill labneh, Aleppo butter, toasted focaccia (3530kJ)

ROASTED CAULIFLOWER & TOMATO CHEESE OMELETTE ^V 22

Slow roasted cherry tomato, spiced cauliflower, potato, parsley, mozzarella cheese, toasted focaccia (1950kJ)

MUSHROOM SCRAMBLED EGGS ON CRUMPET ^V 22

Chilli jam, sautéed king trumpet mushroom, asparagus, whipped Persian fetta, and shiitake mushroom XO on a toasted homemade crumpet (2210kJ)

CHILLI SCRAMBLED EGGS ON TOAST ^V 22

Slow braised eggplant relish, chilli oil, pan roasted tomato, parsley, grilled halloumi, toasted coconut, soft herbs, toasted focaccia (2140kJ)

TRUFFLE MUSHROOM BRUSCHETTA ^V 22

Mushrooms, avocado, parsley, chilli, eschalots, truffle butter, thyme, whipped Persian fetta, poached egg on toasted focaccia (2400kJ)

POACHED PEAR BIRCHER MUESLI ^{VEGAN} 18

Spiced poached pear, strawberries and rhubarb compote, oats, apple, berries, coconut yogurt, homemade granola, rose petals (1470kJ)

MIXED BERRY & BELGIAN CHOCOLATE FRENCH TOAST ^V 23

Seasonal berries, strawberry & rhubarb compote, vanilla mascarpone, belgian chocolate, ice cream, rose petals (5390kJ)

BELGIAN WAFFLE ^V 23

Seasonal berries, caramelised nuts, strawberry & rhubarb compote, whipped vanilla mascarpone, vanilla ice cream, Belgian chocolate sauce (3990kJ)
Add extra ice cream (+645kJ) +3

ZUCCHINI FRITTERS ^V 23

Tempura zucchini fritters, cucumber & avocado salsa, romesco, sour cream, poached egg (1510kJ)

BREAKFAST GNOCCHI 26

Homemade potato gnocchi, roasted tomato, chorizo, chilli, parsley, parmesan snow, poached egg, crispy potato skins (3590kJ)
Swap the chorizo for chicken (2790kJ)

LEAF BREKKIE ^V 26

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avocado and roasted tomato with toasted sourdough (3760kJ)

BIG BREAKFAST 26

Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushrooms with toasted sourdough (4440kJ)

SMOKED SALMON BENNY ON OKONOMIROSTI 26

Japanese style rosti, smoked salmon, poached eggs, avocado, roe, corn salsa, hollandaise, fine herbs (2430kJ)
Swap the salmon for ham (2630kJ)
or bacon (2900kJ) upon request

EXTRAS

Aioli Sauce (414kJ)	1	Grilled Chicken (718kJ) /	6
Hollandaise Sauce (414kJ) /	3	Grilled Bacon (1310kJ) /	
Poached Egg (345kJ) /		Chorizo (1310kJ) /	
Hash Brown (553kJ)		Grilled Halloumi (722kJ) /	
		Smoked Salmon (561kJ)	
Sautéed Kale (67kJ) /	4	Potato Chips (1192kJ)	8
Mushrooms (160kJ) /			
Avocado (994kJ) /		Sweet Potato Chips (809kJ)	10
Ham (453kJ)			

^Vvegetarian ^{GF}gluten free ^{GF^{OR}}gluten free on request • The average adult daily energy intake is 8700kJ
Please notify staff of food allergies • Sorry, we can't remove or swap ingredients • 10% public holiday surcharge • Halal Chicken



MENU



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PLEASE ORDER AT THE COUNTER

BURGERS & MORE

TOASTIES

Cheese & Tomato ^V (1830kJ)	10
Ham & Cheese (2010kJ)	11
Ham Cheese & Tomato (2060kJ)	13
Grilled Chicken, Cheese & Avocado (3110kJ)	16

GRILLED CHICKEN & MUSHROOM TOASTIE 18

Grilled chicken breast, English cheddar cheese, chives, truffle mayo, and caramelized onion & mushroom relish on toasted focaccia (3510kJ)

VEGETARIAN WRAP ^V 18

Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion and aioli on a spinach wrap (2940kJ)

Add chips (+1192kJ) +4

FAJITA CHICKEN & SALAD WRAP 18

Marinated fajita chicken, grilled peppers, onion, avocado, tomato salsa, baby cos, mozzarella cheese, and homemade spicy mayo (mild) in a spinach wrap (2410kJ)

Add chips (+1192kJ) +4

MEDITERRANEAN VEGGIE SANDWICH ^V 20

Roasted pumpkin, cherry tomato, red onion, grilled halloumi, lemon & dill labneh, romesco, toasted focaccia (3070kJ)

GRILLED SPICY CHICKEN BURGER (MILD) 24

Grilled chicken breast, chili oil, avocado, shredded lettuce, tomato, melted cheddar cheese, aioli, toasted milk bun, chips (4150kJ)

GRILLED DOUBLE CHEESEBURGER 25

Grilled beef patties, homemade bacon jam, lettuce, tomato, melted cheese, pickle and special burger sauce served on a milk bun with chips (5830kJ)

SALADS

GRILLED CHICKEN SALAD ^{GF} 22

Grilled chicken breast, green apple, onion, quinoa, cucumber, avocado, soft boiled egg, carrots, leafy greens, parmesan snow, honey mustard dressing (1960kJ)

ROASTED PUMPKIN SALAD ^V 22

Roasted pumpkin, pepita seeds, whipped Persian fetta, tomato, avocado, leafy greens, roasted Spanish onion, balsamic glaze (2300kJ)

Add avocado (+994kJ) +4 Add halloumi (+722kJ) +6
Add chicken (+718kJ) +6 Add smoked salmon (+561kJ) +6

SUPERFOOD SALAD ^{V GFOR} 22

Corn, avocado, onion, chilli, tomato, crispy chickpeas, kale, edamame, barley, roasted pumpkin, toasted seeds, honey mustard dressing (1790kJ)

Add avocado (+994kJ) +4 Add halloumi (+722kJ) +6
Add chicken (+718kJ) +6 Add smoked salmon (+561kJ) +6

ROASTED CAULIFLOWER VEGAN BOWL ^{V GF} 22

Braised cauliflower, roasted mushrooms, harvest corn, quinoa, roasted pumpkin, edamame, tahini dressing (1370kJ)

Add avocado (+994kJ) +4 Add halloumi (+722kJ) +6
Add chicken (+718kJ) +6 Add smoked salmon (+561kJ) +6

ROASTED PUMPKIN & GRILLED CHORIZO SALAD 22

Roasted pumpkin, harvest corn, grilled chorizo, seeds, red onion, parsley, whipped fetta, lemon & dill labneh, smoky maple spicy dressing (3220kJ)

MAINS

FISH & CHIPS 23

Crispy battered flathead fillets, chips and tartar sauce (3330kJ)

CHICKEN BOSCAIOLA PASTA 28

Marinated chicken, bacon, mushrooms, eschalots, garlic, and chives in a rich creamy sauce, conchiglie pasta shells with parmesan snow (4850 kJ)

CHILLI BUTTER CRAB PASTA 31

Crab meat, eschalots, chilli, garlic, parsley, tomato, white wine, shellfish bisque, butter, conchiglie pasta shells (4829kJ)

BEEF SHORT RIBS RAGU PASTA 31

Slow braised beef short rib ragu, tomato, garlic, eschalots, wine, chilli gremolata, conchiglie pasta shells, parmesan snow (4829kJ)

GRILLED TERIYAKI SALMON SOBA NOODLE BOWL 31

Grilled teriyaki marinated salmon, soba noodles, avocado, carrot, chives, cucumber, chilli, edamame, roasted sesame, Japanese style dressing (3760kJ)

KID'S MENU

Kid's Brekkie
Scrambled egg, hash brown and toast (1590kJ) 12

Kid's Chicken Nuggets
With chips and tomato sauce (2650kJ) 12

Kid's Grilled Chicken Burger
With lettuce, tomato, BBQ sauce and chips (3080kJ) 16

Kid's Waffle
With ice cream, chocolate sauce, strawberries (2780kJ) 12

DRINKS



NORTH RYDE

PLEASE ORDER AT THE COUNTER

BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 7

ESPRESSO

Ristretto (2kj)	4
Short Black (2kj)	
Long Black (4kj)	4.5
Macchiato (61kj)	4.5
Piccolo (197kj)	
Flat White (451kj)	
Latte (541kj)	
Cappuccino (451kj)	

SPECIALTY

Chai Latte (910kj)	5
Green Tea Latte (929kj)	
Taro Latte (1470kj)	
Red Velvet Latte (1530kj)	

upsized +0.8

Babycino (133kj)	2
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upsized +0.8

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE	5.5	MOCHA	5.5
White (979kj)		White (937kj)	
Milk (1250kj)		Milk (933kj)	
Dark (1080kj)		Dark (924kj)	

upsized +1.0

upsized +1.0

Decaf (2kj) / Extra Shot (2kj)	+0.6
Almond Milk (231kj) / Soy Milk (361kj)	+0.8
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	+0.8

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 5

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kj)

LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

MASALA CHAI

Authentic Indian recipe of spices w/ Assam Tea base & honey (465kj)

^{df} Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

COLD BEVERAGE

ICED ESPRESSO

Iced Long Black (4kj)	6.5
Iced Latte (1050kj)	6.5
Iced Coffee (1450kj)	7.5
Salted Caramel Affogato (1370kj)	7

BLENDED

Coffee (1700kj)	8
Chai Latte (910kj)	8.5
Green Tea Latte (908kj)	8.5

BLENDED CHOCOLATE	9	BLENDED MOCHA	9
White (3020kj)		White (2110kj)	
Milk (2957kj)		Milk (2100kj)	
Dark (2900kj)		Dark (2080kj)	

HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj)	7
Lychee (712kj)	7
Cranberry & Lime (759kj)	7

ORGANIC ICED TEA

BREAKFAST LEMON MINT | Ceylon Orange Pekoe Tea with fresh lemon juice & mint (611kj) 7.5

LEMONGRASS & GINGER | Caffeine-free cold tisane with fresh lemon zest (402kj) 7.5

EGYPTIAN ICE | Liquid Turkish delight (439kj) 7.5

COLD PRESSED JUICE

ORANGE | Straight orange juice (600kj) 10

GREEN | Apple, pear, spinach & kale (830kj) 10

RED | Watermelon & strawberry (665kj) 10

FRUITY SMOOTHIE

AÇAÍ ^{df} | Açaí, blueberry, blackberry, banana (1420kj) 9

PASSION TANGO ^{df} | Pineapple, passionfruit, banana & mango (1330kj) 9

SUMMER SUNSET ^{df} | Pineapple, mango, strawberry & kiwi (1290kj) 9

PROTEIN SMOOTHIE

BERRY | Coconut water, mixed berries, honey & vanilla protein (1410kj) 11

BANANA | Banana, almonds, chia seeds, honey, & vanilla protein (1480kj) 11

CHOC NUT | Peanut butter, honey & chocolate protein (1070kj) 11

SNAP | Coconut water, coconut milk, banana, dates, chia seeds & whey protein (959kj) 11

MILKSHAKE

Chocolate (1690) / Vanilla (1540kj) / Salted Caramel (1470kj) / Strawberry (1550kj) / or Banana (1290kj) 7

make it a Thickshake (1290kj) +2.5

add WHEY Protein (502kj) +2.5